



THE DECIDER CODE

VALUES

We are passionate about improving mental health outcomes.

We developed The Decider Skills to change and save lives.

We reinvest and support others to impact positive social change.

We have a strong social conscience and we believe in working for the greater good.

OUR AIM

To provide an evidence based, proactive, positive and preventative approach to mental health and wellbeing that is client focussed, using our clinical expertise and proven strategies to give children, young people and adults the skills to recognise their own thoughts, feelings and behaviours allowing them to monitor and manage their own emotions and mental health.

STANDARDS, ETHICS & CODE OF CONDUCT

We aim at all times to act in the best interests of our users, responding promptly to feedback with honesty and integrity and clear communication while keeping high standards of personal and professional conduct.

We maintain and uphold the standards and values set out in this code.

The course and the information provided is founded on best available evidence.

We aim to communicate clearly and respectfully.

We uphold the principles of consistent honesty in all our communication and actions and practice Duty of Candour.

We maintain personal and professional boundaries and will address any expressed concerns immediately.

We aim to treat all individuals and organisations fairly, respectfully and honestly.

We prioritise people by treating people as individuals and uphold their dignity and rights.

We listen to concerns and respond appropriately.

As much as possible, we ensure individuals' needs are responded to compassionately.

We respect people's right to privacy and confidentiality.

We keep accurate and securely confidential records of individual contact and course completion details.

We will be open and honest when there is a problem.

We work collaboratively with organisations and to meet their needs.

We maintain clear, accurate and secure records.

We keep up to date with current research by receiving and reading professional journals such as CBT Today, Journal of Cognitive and Behavioural Psychotherapy and The Cognitive Behavioural Therapist.